

Parenting Plan Checklist from Cyberparent.com

1. Living Arrangements

Where is your child going to live?

Who will have day-to-day care of the child?

What % of time is he or she going to spend at each house?

Is your child going to have 2 sets of clothing, toys, etc., or will one set be sent between houses?

2. Visitation and Access

What days and times will the other (non-residential) parent have time with the child?

Who will drop off and pick up? Where?

How will the child communicate with the other parent when apart (Skype, phone etc.)?

How will changes of access be communicated?

Will missed days be made up?

3. Vacations, Holidays, Birthdays

Will these days be shared (morning with one parent, afternoon with the other) or alternated (one year with one parent, the next year with the other)?

Is there going to be additional access for special days such as Father's or Mother's Day?

4. Healthcare

Who will be responsible for arranging medical and dental care?

What kinds of medical situations will require parental agreement?

Who will pay for medical coverage?

How will both parents access medical records?

5. Education

What school will your child attend?

Will your child require tutoring? Who will pay?

Who will attend parent-teacher meetings?

How will both parents access school records?

6. Activities

How many extracurricular activities will your child participate in?

Who will pay for them?

Which parent will attend them?

Who will drop off and pick up child from activities?

7. Religion and Culture

Will the child attend religious or cultural events or education?

Do both parents have to consent on this?

What language will the child speak?

8. Travel

How much notice is required before traveling from home?

Does the child require written consent from the other parent?

What travel details does the other parent require?

9. Communication Between Parents

How will you communicate with the other parent (phone, email, text)?

What type of information will you be required to share with each other?

How will you deal with conflict?

10. Parenting Rules and Expectations

How will you discipline your child?

What rules will your child have to follow in each home?

How much screen time can your child have?

What kinds of food should your child eat?

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